Content

Course Code	Course Name	Semester	Theory	Practice	Lab	Credit	ECTS
SP498	The Dynamics of Corporate Life and Personal Development	5	2	0	0	2	4

Prerequisites	
Admission Requirements	

Language of Instruction	Turkish
Course Type	Elective
Course Level	Bachelor Degree
Objective	This course aims to strengthen the capacity of third- and fourth-year Political Science students to navigate the realities and challenges of post-graduation life. It seeks to enhance their self-awareness, environmental awareness, and understanding of the professional world, while helping them build and consolidate positive cognitive frameworks to integrate into their daily lives.
Content	Young graduates entering the labor market for the first time frequently encounter adaptation challenges within their institutions, departments, and corporate culture in general. These challenges are not one-sided: employers, managers, and experienced colleagues may also face difficulties adapting to newcomers and establishing collective performance. This mismatch often fosters mutual feelings of incompetence and dissatisfaction, reinforces negative stereotypes, and leads to a significant waste of effort and resources through early resignations or dismissals. Within this framework, this course equips students with essential knowledge and skills designed to facilitate their professional integration and personal development in new organizational environments.
References	Books: GOLEMAN, Daniel – Duygusal Zeka. İstanbul, Varlık Yay. 2019 FREED, Alvin & Margaret– Çocuklar, Gençler ve Yetişkinler için Transaksiyonel Analiz. İstanbul, Serbest Kitaplar Yay. 2020 MEYER, Erin – The Culture Map. İstanbul, THY Yay. 2015 FINE, Cordelia – Başına Buyruk Beyin. İstanbul, Sel Yay. 2015 CÜCELOĞLU, Doğan-Savaşçı. İstanbul, Remzi Kitabevi, 2019 Articles: https://www.acarbaltas.com/degerler-hayata-nasil-gecer/ https://www.acarbaltas.com/yetenegin-bilesenleri-yatkinlik-basari-yonelimi-ve-sosyal-beceriler-kumesi/ https://www.acarbaltas.com/duygusal-dayaniklilik/ https://www.acarbaltas.com/yonetici-ile-iliskiler/ https://www.acarbaltas.com/ertelemenin-psikolojisi/ https://www.acarbaltas.com/basari-dedikleri/ https://www.acarbaltas.com/yetenegi-yanlis-yerde-aramak-2/ Videos: https://www.youtube.com/watch?v=GQAtioBBlKY https://youtu.be/6qqqVwM6bMM

Theory Topics

Week	Weekly Contents
1	Introduction and Syllabus Presentation
2	Self-Awareness
3	Working Styles Inventory
4	The World of Work and Career Dynamics
5	Preparing for the Professional Environment
6	Focus and Prioritization

Week	Weekly Contents
7	Interpersonal Communication
8	Ego States and Communication
9	Behavioral Patterns and Habits
10	Understanding Success
11	The Recruitment Process
12	Corporate Field Visit I
13	Corporate Field Visit II
14	Case Studies & Course Wrap-up