

Content

Course Code	Course Name	Semester	Theory	Practice	Lab	Credit	ECTS
SOC103	Introduction of Psychology	1	3	0	0	3	6

Prerequisites	
Admission Requirements	

Language of Instruction	French
Course Type	Compulsory
Course Level	Bachelor Degree
Objective	Defining the field of study of psychology; addressing the fundamental themes and perspectives.
Content	Psychology is a science that aims to understand and explain human behaviour and mental processes. The topics covered in this introductory course are: The field of psychology, the main schools of psychology, perception, consciousness, motivation and mental health.
References	Compulsory sources : Alain Lieury, "Panorama des spécialisations de la psychologie" in A. Lieury, Introduction à la psychologie, Paris, Dunod, 2000, pp: 27-55. Alain Lieury, "Histoire de la psychologie" in A. Lieury, Introduction à la psychologie, Paris, Dunod, 2000, pp: 11-25. Alex Mucchielli, « Les paramètres conceptuels de la psychologie psychanalytique » in A. Mucchielli, La nouvelle psychologie, Paris, Puf, 1996 (2ème édition), pp : 11-35. Alfred Adler, « Le complexe d'infériorité » in A. Adler, Le sens de la vie, Paris, Editions Payot & Rivages, 2002, pp: 95-112. Carl Ransom Rogers, « Qu'est-ce qu'une 'vie pleine' ? Le plein fonctionnement de la personne : point de vue personnel d'un thérapeute », in C. R. Rogers, Le développement de la personne, InterEditions, Paris, 2005, pp : 129-140. Tzvetan Todorov, « Sous le regard des autres », Sciences Humaines, Numéro 131, Octobre 2002, pp : 22-27. Alain Lieury, "La perception du monde" in A. Lieury, Introduction à la psychologie, Paris, Dunod, 2000, pp: 57-71. Karen Huffman, Mark Vernoy, Judith Vernoy, « Le sommeil et le rêve », in K. Huffman et al., « Psychologie en direct », Mont-Royal, Modulo Editeur, 2000 (2ème édition), pp. 183-197. Alain Lieury, "Motivation et personnalité" in A. Lieury, Introduction à la psychologie, Paris, Dunod, 2000, pp: 101-107. Bernard Brusset, "Les psychothérapies non psychanalytiques", in B. Brusset, Les psychotérapies", Paris, Puf, 2005 (2ème édition), pp : 57-115. Additional sources: - F. Askevis-Leherpeux, C. Baruch et A. Cartron, Précis de psychologie, Paris, Nathan, 2000 (2ème édition), 157p. - Maurice Reuchlin, Psychologie, Paris, PUF Fondamental, 2002 (15ème édition), 680p. - Doğan Cüceloğlu, İnsan ve Davranış, Psikolojinin Temel Kavramları, İstanbul, Remzi Kitabevi, 1992 (3. basım), 591s. - Rita L. Atkinson, Richard C. Atkinson, Edward E. Smith et al., Psikolojiye Giriş (Hilgard's Introduction to Psychology, 42th edition), Çev. Yavuz Alogan, Ankara, Arkadaş Yayınevi, 3. Baskı, 790s.

Theory Topics

Week	Weekly Contents
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Week	Weekly Contents
1	Introductory lecture: Presentation of the course (themes, how it works, etc.); Why will we study psychology (in general and in sociology)?
2	Understanding psychology : Fields of psychology, Research methods in psychology, Ethics in psychology
3	Psychological theories I: Birth of scientific psychology: Structuralism, Functionalism, Gestalt, Psychoanalytical approach, Behavioural approach, Humanist approach, Cognitive approach, Psychobiological approach and New approaches
4	Psychological theories I (continued)
5	Psychological theories II: Psychoanalytical approach
6	Psychological theories III: Defence mechanisms; Evaluation of the psychoanalytical approach
7	Psychological theories IV: Humanist approach: contribution of Carl Ransom Rogers
8	Psychological theories V: Humanistic approach: Abraham Maslow's contribution; Evaluation of the humanistic approach
9	Partial examination
10	Perception: Sensation and Perception; Selection; Organisation; Interpretation
11	Consciousness: Levels of consciousness; Sleep, Dream; Consciousness and culture
12	Motivation: What is motivation; General theories of motivation (biological theories, psychosocial theories)
13	Health psychology: Mental health (normality and abnormality, mental disorders, types of psychotherapy); Stress and health
14	Health psychology (continued); New perspectives; General assessment